

Follow these simple steps to dispose of medicines in the household trash

## MIX

Mix medicines (do not crush tablets or capsules) with an unpalatable substance such as dirt, kitty litter, or used coffee grounds.



## PLACE

Place the mixture in a container such as a sealed plastic bag.



## THROW

Throw the container in your household trash.



## SCRATCH OUT

Scratch out all personal information on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.



This information provided by:



Alliance for Substance Abuse Prevention

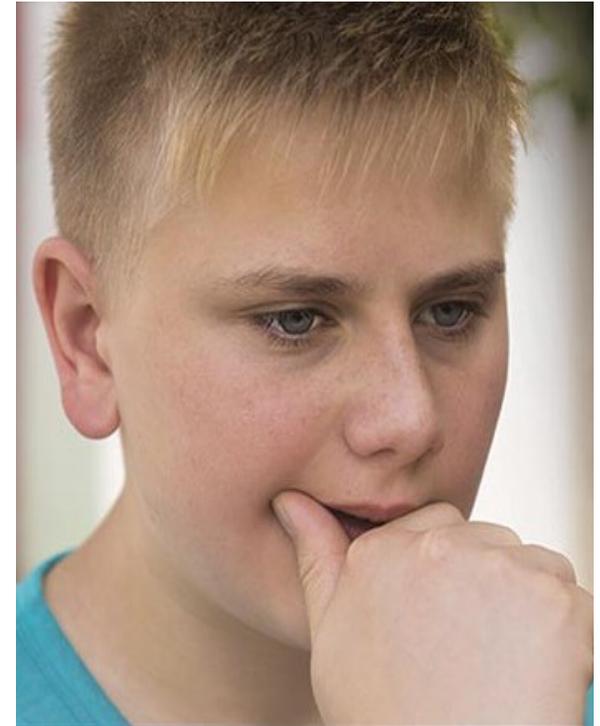
The ASAP Opiate Task Force is a project of the Trumbull County Mental Health and Recovery Board. ASAP is a community coalition that has initiated efforts to build public awareness about the opiate epidemic. Members meet monthly to discuss ways to combat the problem and offer solutions.



Contact Us

Phone: 330-675-2765

[www.trumbullmhrb.org](http://www.trumbullmhrb.org)



*Every day  
1,700 new kids  
begin abusing  
opioids*

Helpful Information  
about Prescription Drug  
Storage & Disposal



**Lesson 1:  
Your Medicine. Their Drugs.**

Prescription medicines taken properly help heal illness, relieve pain, control disease and bring balance to your life. But when others take your medications, they can be very dangerous. Every day, more than 1,700 children and young adults begin experimenting with prescription drugs.

**Lesson 2:  
Your nightstand. Their drug supplier.**

What's in your medicine cabinet? On your nightstand or the kitchen counter? In your purse? Adolescents believe that since the medicines were prescribed by a doctor, they provide an inexpensive, legal and "medically safe high." In the case of over-the-counter remedies, most children have been given these by their parents for fevers, colds and coughs. So, teens believe it is safe to take these drugs whenever they choose.

**Lesson 3:  
Do not flush unwanted medications.**

Do not flush prescription drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so. The best way to dispose of unwanted or expired medications is to take them to a drop box.

**Lesson 4: Safeguard all medicines that have to remain at home by locking them up, monitoring quantities, and controlling access.**

Why should families be concerned?

**60% of Americans have unused opioid painkillers in their home**

*(DEA.gov/Headquarters News Releases, May 6, 2016)*

**86% increase in calls to US Poison Centers for pediatric exposure to opioids 2000-2009**

*(ScienceDaily Science News, Nationwide Children's Hospital, March 20, 2016)*

Medication Disposal Boxes in Trumbull County:

**Bazetta Township Police Department**

2671 McCleary Jacoby Road, Cortland  
8:00 am to 4:00 pm, Monday – Friday

**Brookfield Police Department**

6844 Strimbu Drive, Brookfield  
8:00 am to 4:00 pm, Monday – Friday

**Cortland Police Department**

400 N. High Street, Cortland  
9:00 am to 2 pm, Monday - Friday

**Howland Police Department**

169 Niles Cortland Rd NE, Warren  
9:00 a.m. to 5:00 p.m., Monday – Friday

**Hubbard Police Department**

233 School Street, Hubbard  
8:00 am to 4:00 pm, Monday – Friday

**Hubbard Township Police Department**

2600 Elmwood Dr. Extension, Hubbard  
8:30 am to 4:30 p.m., Monday - Friday

**Kinsman Police Department**

8070 State Route 7, Kinsman  
Call 330-876-7403 to schedule a time

**Liberty Township Administration Bldg**

1315 Churchill-Hubbard Road, Liberty  
7:00 am to 4:00 pm, Monday – Friday

**Lordstown Police Department**

1583 Salt Springs Road, Lordstown  
24 hours/7 days

**Newton Falls Police Station/Admin. Bldg**

19 North Canal Street, 1st Floor Hallway  
Newton Falls, 24 hours/7 days

**Niles Police Department**

15 E. State Street, SE, Niles  
8:00 a.m. to 5:00 pm., Monday – Friday

**St. Joseph Warren Hospital**

627 Eastland Ave, Warren  
24 hours/7 days

**Trumbull County Sheriff's Office**

150 High Street, Warren  
7:30 am to 4:00 pm, Monday – Friday

**Vienna Police Department**

856 Youngstown Kingsville Road, Vienna  
7:00 am to 3:00 pm, Monday – Friday

**Warren Township Police Department**

3765 W. Market St, Leavittsburg  
8:00 a.m. to 2:00 p.m., Monday-Friday

**Weathersfield Township Police Dept**

1451 Prospect St, Mineral Ridge  
8:00 am to 4:00 pm, Monday – Friday